



CleanerLiving.com / 541-516-0577 / 655 SW 7th St Redmond, OR

Deep Cleaning Checklist

Kitchen & Laundry Areas

1. Remove cobwebs
2. Dust Light Fixtures
3. Dust Blinds
4. Clean Window Sills
5. Clean & Disinfect Inside & Outside of Microwave
6. Clean & Disinfect Countertops
7. Clean & Disinfect Top of Stove Range/Drip Pans
8. Wipe Fronts of Cabinets
9. Clean Exterior of Fridge / Freezer
10. Clean exterior of Small Kitchen Appliances
11. Polish Stainless Steel appliances (when applicable)
12. Clean & Disinfect Sink
13. Dust/Wipe Exterior of washer, Dryer & Dishwasher
14. Vacuum & Mop Floor
15. Spot Clean doors, walls & Light switch plates

Special Requests/Notes:

- 1.) _____
- 2.) _____

Bathrooms

1. Remove Cobwebs
2. Clean Fronts of Cabinets
3. Dust Light Fixtures, Fan, etc.
4. Clean Window Sills
5. Clean Mirrors
6. Clean & Disinfect Sink & Polish Chrome
7. Clean & Disinfect Countertops (Move & Wipe Everything)
8. Clean & Disinfect Toilet & Behind Toilet
9. Clean & Disinfect Tub/Shower/Grout/ Shower Doors (We cannot always get stained grout clean)
10. Dust & Spot Wipe Baseboards
11. Spot wipe doors, walls & light switch plates
12. Clean/Disinfect Floors (By hand when possible)

Special Requests/Notes:

- 1.) _____
- 2.) _____

Bedrooms & Office Areas

1. Remove Cobwebs
2. Dust Blinds
3. Clean Window Sills
4. Dust & Spot Wipe Baseboards
5. Dust Furniture
6. Spot wipe walls, doors & light switch plates
6. Vacuum & Edge corners
7. Mop (If Applicable)

Special Requests/Notes:

- 1.) _____
- 2.) _____

Dining Room & Living Room

1. Remove Cobwebs
2. Dust Blinds
3. Clean Window Sills
4. Dust /wipe Furniture
5. Dust Baseboards
6. Spot wipe doors, walls & light switch plates
7. Vacuum Floor
8. Mop (If Applicable)

Special Requests/Notes:

- 1.) _____
- 2.) _____

General

- 1.) Empty Trash in Bathrooms
- 2.) Spot Clean Fingerprints on Interior Doors
- 3.) Clean Light Switch Plates
- 4.) Spot Wipe fingerprints on Walls (Where Necessary)
- 5.) Vacuum, Edge & Mop all Floors (Where applicable)
- 6.) Dust & Wipe interior Stair Railings
- 7.) Dust along ceilings and corners for cobwebs (very high ceilings may require client to provide extendable pole)

Special Requests (Please circle)

1. Laundry**
2. Wash Dishes**
3. Make Beds & Change Linens \$8.00/Bed
4. Clean Inside Oven \$65.00 extra
5. Clean Inside Fridge &/or Freezer \$65.00 extra
6. Clean Inside Cupboards**
7. Clean in Closets**
8. Wipe Shelves in Closets & Pantry**
9. Hand Wipe Blinds**
10. Clean Window Tracks**
11. Polish Furniture
12. Vacuum Furniture
13. Empty trash in rooms other than bathrooms
14. Window Cleaning*
15. Clean glass on picture frames**
16. Remove books from shelves and clean behind**
17. Vacuum under and behind furniture & beds
18. Glass Shower hard water removal and sealant*

*Denotes this service is scheduled w/a different cleaning technician than your house cleaner and priced separately – please notify office if you are interested in this service

** Denotes that this service may incur an extra fee- notify office if interested in adding this service option.

Comments/Notes for cleaner(s): _____



✓ Our Our Cleaning Products!
mynurturals.com



cleaner living NW

A New Era of Clean in Central Oregon
How we are revolutionizing Chemical-Free Cleaning

About our Natural Products and Services



Nurturals All Natural Cleaning Products are 100% naturally derived ingredients, originally formulated to clean wildlife affected by oil spills. All of our products are safe and naturally wipe out bacteria, germs, grease, grime and tough stains. Our products do not contain any synthetic fragrances, dyes, parabens, petroleum solvents, alcohol, sodium laurel/lauerth sulfates or ethoxylates. All Nurturals products are safe for homes with pets, allergies, asthma, and those with the desire to live a chemical free lifestyle and detox their home!



Floor cleaner is similar to the above product with a lighter strength formula to be used on all sealed floor surfaces including hardwoods, laminate, vinyl, tile, granite, etc. Our floor cleaner is safe for Kids, pets and those with compromised immune systems and allergies.



Organic Nurturals Essential Oils is our own organic line used to scent the above cleaning products. Our cleaning products do come naturally unscented therefore we can clean "scent free" if that is your preference. Or we can custom scent the cleaner to your liking with our Organic essential oils to create a delightful scent of whichever single/blended oils you choose.

ProTeam Anti-Allergen vacuums are superior! Our vacuums have a triple Hepa Filtration system that captures 99.9% of dust mites, pollen, bacteria and other particles measuring 1 micron and larger. Our vacuums have earned the Gold Seal of Approval/Green Label from the Carpet and Rug Institute, signifying the vacuum system meets higher standards for carpet cleaning effectiveness and indoor air quality. It also meets the requirements of the U.S. Green Building Council's LEED rating system for Green Cleaning – Sustainable Cleaning Equipment. Since our vacuums trap 99.9% of all dust, dander and allergens you do not have to worry about allergens being picked up in another home and blown back into your home by the exhaust of the vacuum (Like most all other vacuums do)!!



Our Eco Friendly, Hypo Allergenic Microfiber Method.



Our professional grade Microfiber cleaning process is leaps and bounds better than any other cleaning method! We are the only cleaning company in the area that uses a superior **3 step dusting process**: 1. Swiffer Dust from high to low. 2. Damp wipe 3. Buff surface to a shine.

Eco-Friendly Glass & Mirror cleaning methods: For glass & Mirrors we do not use any harsh chemicals such as Windex or aerosol glass cleaners because they are toxic to your health and create buildup on the glass which traps more dust and causes streaks. Glass cleaning method consists of two step protocol: for small mirrors and glass surfaces we use a damp microfiber cloth to clean the glass and then buff dry with a Patented Super Silk Wiper.

For large or very dirty glass & mirrors we use professional grade squeegees with a tiny bit of non toxic soap, this helps break down all the dirt, grease, and grime so the squeegee can remove it in just a few strokes! This professional method leaves mirrors shiny & Streak Free.

Eco-Friendly Microfiber Mopping system: We use only high grade, anti-bacterial microfiber flat mop pads so we can change out our mop pads between homes so germs, pet dander and bacteria are not being transferred from one home to another. Our Microfiber mops use low moisture therefore our mopping methods are safe on all types of floors including laminate and hardwoods.

